



Pendle Community High School & College

Rated **Outstanding** in all areas- Ofsted 2017

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Headteacher: Dr C Lingard (Mrs)
Deputy Headteacher: Miss J Bayliss
Asst. Headteacher: Miss D Grogan

Date: 27th September 2018

Dear Parent/Carer,

As part of our study of healthy food in Cooking and Nutrition we will be making a black bean salad with salsa this week.

Please could you send into school with your child:

- 1 tin of black eyed beans (available from Asda/ Tesco)
- 2 tomatoes
- 1 onion

School will provide fresh coriander, garlic, herbs, spices, fresh limes and tomato puree.

Thank you for your support.

Yours sincerely

Mr C Byrne
Cooking & Nutrition Teacher