



Pendle Community High School & College

Rated **Outstanding** in all areas- Ofsted 2017

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Headteacher: Dr C Lingard (Mrs)
Deputy Headteacher: Miss J Bayliss
Asst. Headteacher: Miss D Grogan

7th November 2018

Dear Parents/Carers

Cygnets Training Course

Are you a parent/carer of a child aged 5- 18 years with autism?
Are there times you feel you would value more specific help and support at home?
Then this could be an opportunity for you.

PCHS&C have recently received the Autism Accreditation Award from the National Autistic Society and in a drive to support our parents we are delighted to be able to re-offer the newly updated Cygnet Program. This is a well-established and highly evaluated course, written and devised by Barnardos'. It offers a clear and supportive framework for parents of children who have autism.

Come and meet our Cygnet trained staff, we would love to work together to achieve the best possible outcomes for you, your child and our school.

This is a core Cygnet programme which is delivered over seven 2.5-3 hour sessions which sequentially work towards behaviour management and covers a number of topics:

- Autism & diagnosis
- Communication
- Communication 2
- Sensory Issues
- Understanding behaviour
- Managing behaviour
- Choice of topic decided by parents/carers and social time

The course will commence on Tuesday 13th November at 09:30 for refreshments and the session will begin promptly at 09:45. Attendance to all the sessions would be beneficial.

If you would be interested in this **free**, 7-week course held at Pendle Community High School please sign and return the slip below.

We look forward to meeting you.

Miss N Woods

Miss N Woods



Cygnets Course Confirmation - NWO

Parent/ carer name: _____

I would like to reserve a place on the cygnet course commencing 13th November 2018.

Signed: _____

Date: _____