



Pendle Community High School and College

Curriculum Map for PSHE - 2018 – 2019 Lead: AHU

		Autumn term 2018	Spring Term 2019	Summer Term 2019
Key Stage 3	Year 7	<p>Health and Wellbeing <u>New beginnings</u> Who am I? Where have I come from? Where am I going? What are my goals?</p> <p>Living in the Wider World <u>Money</u> Money – what is it? Where does it come from? How do we get it? What is it used for? Banks</p>	<p>Health and Wellbeing <u>Healthy Lifestyles</u> What constitutes a healthy life styles. Healthy eating, keeping clean, exercise & sleep. Choices</p> <p>Relationships <u>Buddying system</u> Working with Pendle View Primary School – building a buddy system. Supporting transition from primary to secondary.</p>	<p>Health and Wellbeing <u>Keeping safe</u> Road Fire Home Water</p> <p>Relationships <u>Roles within families</u> Looking at them, where they were, where they are now. What changes in families death, divorce <u>Moving on</u> Preparation for moving into a new school year.</p>
	Year 8-9 (Yr 1)	<p>Relationships Respecting the difference between people. Same / difference around the world Bullying Prejudice Stereo typing</p>	<p>Health and Wellbeing Drug and Alcohol Awareness drugs Safe use of medicines Legal and illegal Peer group pressure, developing effective ways of saying “No”</p> <p>Living in the Wider World Debt , Money addictions, Charities Managing money – rent, mortgage, utility bills Respecting and protecting the local environment</p>	<p>Living in the Wider World Careers Education Developing yourself through careers, employability and enterprise education Learning about careers and the world of work Developing your career management and employability skills</p> <p>Relationships Moving on Preparation for moving into a new school year.</p>

	Year 8-9 (Yr 2)	<p>Relationships Looking at themselves and how others see them, giving and receiving feedback. Developing trust and honesty</p> <p>Health and Wellbeing Physical and emotional changes that take place during puberty. How to manage these changes in a positive way. Developing relationships</p>	<p>Health and Wellbeing <u>Keeping healthy</u> Meal planning, shopping, budgeting Wants and needs What do we need to live – What do we want/have that we could live without</p> <p>Living in the Wider World Consumerism Exploring products and packaging. Costs of products</p>	<p>Health and Wellbeing <u>Keeping Safe</u> Home Water Road Use of mobile phone, public phones. Internet Timetables Introduction to independent Travel</p> <p>Relationships Moving on Preparation for moving into a new school year.</p>
Key Stage 4	Year 10	<p>AQA Healthy Life Styles Developing the learner's knowledge and understanding of health-related issues and to make healthy decisions in relation to diet, exercise and other lifestyle choices.</p>	<p>AQA Drug and Alcohol Education Developing the learner's knowledge and understanding of illegal drugs, alcohol and tobacco</p> <p>AQA Making Informed Careers Choices To begin to develop the learner's skills in relation to career planning.</p>	<p>AQA Personal Safety Developing the learner's ability to recognise dangers to personal safety in a range of contexts</p>
	Year 11	<p>AQA Emotional Health & Wellbeing Developing the learner's understanding of emotional experiences and their effects.</p>	<p>AQA Sex and Relationships Developing the learner's knowledge and understanding of personal relationships.</p> <p>AQA Making Informed Careers Choices To begin to develop the learner's skills in relation to career planning</p>	<p>Introduction to Diversity, Prejudice and Discrimination Developing the learner's knowledge of diversity, prejudice and discrimination in society.</p> <p>Personal Finance linked with Maths where possible Developing the learner's personal financial skills.</p>