

## WEEK 1

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|--|---|--|--|
| <b>Chicken Burger<br/>in a Bun<br/>served<br/>with<br/>Wedges<br/>&amp;<br/>Side Salad</b> | <b>Chicken Tikka<br/>on a<br/>Folded Naan Bread<br/>With<br/>Wedges<br/>&amp;<br/>Side Salad</b> | <b>Roast Chicken<br/>Served with<br/>Creamed Potatoes<br/>Broccoli<br/>&amp;<br/>Carrots</b>                    | <b>Farmhouse Brunch<br/>Sausage<br/>Hash Brown<br/>Omelette<br/>&amp;<br/>Beans</b>            | <b>Fish &amp; Chips<br/>served<br/>with<br/>Mushy Peas</b>                         |
| <b>Spaghetti Neapolitan<br/>served with<br/>Crusty<br/>Bread</b>                           | <b>Fish Goujons<br/>served with<br/>New Potatoes<br/>&amp;<br/>Beans</b>                         | <b>Ouorn Dinner<br/>served with Roast<br/>and<br/>Creamed Potatoes<br/>Fresh Broccoli<br/>&amp;<br/>Carrots</b> | <b>Vegetable Frittata<br/>served with<br/>Wedges<br/>&amp;<br/>Side Salad</b>                  | <b>Beef Burger<br/>in a Bun<br/>served with<br/>Chips<br/>&amp;<br/>Side Salad</b> |
| <b>Cheese Pasty<br/>served with<br/>Creamed Potatoes<br/>&amp;<br/>Baked Beans</b>         | <b>Tomato and Basil<br/>Pasta<br/>served<br/>with<br/>Garlic Bread</b>                           | <b>Cheese &amp; Potato Pie<br/>served with<br/>Mash Potatoes<br/>&amp;<br/>Beans</b>                            | <b>Roasted Vegetable<br/>Lasagne<br/>served with<br/>Garlic Bread<br/>&amp;<br/>Side Salad</b> | <b>Homemade Pizza<br/>served with<br/>Chips<br/>&amp;<br/>Beans</b>                |
| <b>Syrup Sponge &amp; Custard<br/>Raspberry Bun<br/>Fruit<br/>Yoghurt</b>                  | <b>Fruity Flapjack<br/>Chocolate Muffin<br/>Fresh Fruit,<br/>Yoghurt</b>                         | <b>Fruit Crumble &amp; Custard<br/>Shortbread Biscuit<br/>Fresh Fruit,<br/>Yoghurt</b>                          | <b>Jam Roll &amp; Custard<br/>Chocolate cookie<br/>Fresh Fruit<br/>Yoghurt</b>                 | <b>Assorted Donuts<br/>Cookies<br/>Fresh Fruit,<br/>Yoghurt</b>                    |