

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage & Yorkshire Pudding with Gravy served with Creamed Potatoes & Season Vegetables	Roast Chicken served with Roast & Creamed Potatoes & Seasonal Vegetables	Fish Fingers & Creamed Potatoes served with Baked Beans	Chicken Pie served with New Potatoes & Seasonal Vegetables	Fish & Chips served with Mushy Peas
Tomato Pasta served with Herby Bread & Salad	Quorn Dinner served with Roast & Creamed Potatoes & Seasonal Vegetables	Vegetable Samosa served with a Vegetable Curry Sauce & Rice	Quorn Nuggets served with Potato Wedges & Sweetcorn	Margherita Pizza served with Chips & Sweetcorn
Cheese & Onion Quiche served with Creamed Potatoes & Veg or Baked Beans	Vegetable Burritos served with Sweet Potato Wedges & Side Salad	Baked Macaroni Cheese served with Garlic Bread & Mixed Salad	Lentil Dahl served with Vegetable Rice & Naan Bread	Quorn Burger on a seeded Bun served with Chips & Beans
Flapjack & Custard Jam Slice Fresh Fruit Yoghurt	Chocolate Sponge & Custard Shortbread Fresh Fruit Yoghurt	Fruit Crumble & Custard Choc Chip Cookie Fresh Fruit Yoghurt	Rainbow Sponge & Custard Cookie Fresh Fruit Yoghurt	Assorted Donuts Shortbread Fresh Fruit Yoghurt