



Deborah McKenna RGN RSCN Special Needs School Nursing Service Pendle Team

Level 5 St Peters centre Church Street Burnley BB11 2DL Telephone Number 01282 628359 School 01282 682269

SS.NursingTeam@LancashireCare.nhs.uk <https://www.lancashirecare.nhs.uk/snsn>

WC 11th June HEALTHY EATING WEEK

This year the challenge is



Friday 15th June IMMUNISATION TEAM VISIT

Year 9 Diphtheria, Tetanus, Polio (DTP) & Meningitis ACWY

Year 8 Human Papillomavirus (HPV)

**ALL CONSENTS TO BE SENT IN NO LATER THAN 11 JUNE EVEN IF
YOU ARE DECLINING THE OFFER**

WC 18th June LEARNING DISABILITY WEEK



Come join us for Tea and cake on Tuesday 19th June at PCHSC

All information on the flyer sent home and on the school website

Speakers Deborah McKenna (Special Needs School Nurse), Anne Edington (Lancashire Genetics team), Alison McConville (Family Liaison Officer) & if available guest speaker from Mencap (Charity for Learning Disability)



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MEASLES OUTBREAK

I have sent out information previously regarding the measles outbreaks affecting unimmunised children and young adults and information is on the school website. Cases are still being identified.

There are currently outbreaks of measles in several areas of the UK affecting unimmunised children and young adults, including 2 recent cases in Cumbria. There are also large outbreaks in several countries across Europe, including holiday destinations. Measles is highly infectious. It can cause serious illness and can sometimes be fatal. Vaccination with 2 doses of MMR is the safest way to protect children and young people.

The first MMR vaccine is given to toddlers at the age of 13 months and the second vaccine at around 3 years and 4 months before your child goes to school. MMR can be given to older children, teenagers and young adults if they missed their injections when they were younger. Many of you will still have your Personal Child Health Record (Red Book) which should have a record of your child's MMR vaccines. Contact your GP practice if you or your child needs an MMR vaccine. The vaccine is free. If you are not sure if you or your child needs an MMR vaccine, you can contact the GP practice to ask.

Measles is not just an illness that can affect young children. Teenagers, young adults and anyone who has missed their MMR vaccination can get measles.

What to look out for:

The first signs of measles are fever, cough, runny nose and red sore eyes.

After a few days, a spotty rash will appear. It starts on the face and neck before spreading to the rest of the body.

If you think you or your child has measles:

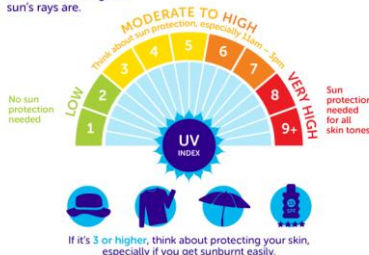
- Ring your GP practice for advice
- Please don't turn up to the surgery, walk in centre or to accident and emergency without calling ahead. The doctor will make special arrangements to see your child so that if your child has got measles they won't pass it on to others.
- Keep people with symptoms of measles away from others to avoid spreading measles, and stay away from school, nursery or work for 5 days after the onset of rash. If you would like more information, see <https://www.nhs.uk/conditions/measles>

SAFETY IN THE SUN. REDUCE CANCER RISKS.

SEE ENCLOSED LEAFLET FROM CANCER RESEARCH

DON'T LET SUNBURN CATCH YOU OUT

Check the UV index at www.metoffice.gov.uk/uv to see how strong the sun's rays are.



LET'S BEAT CANCER SOONER
cruk.org

