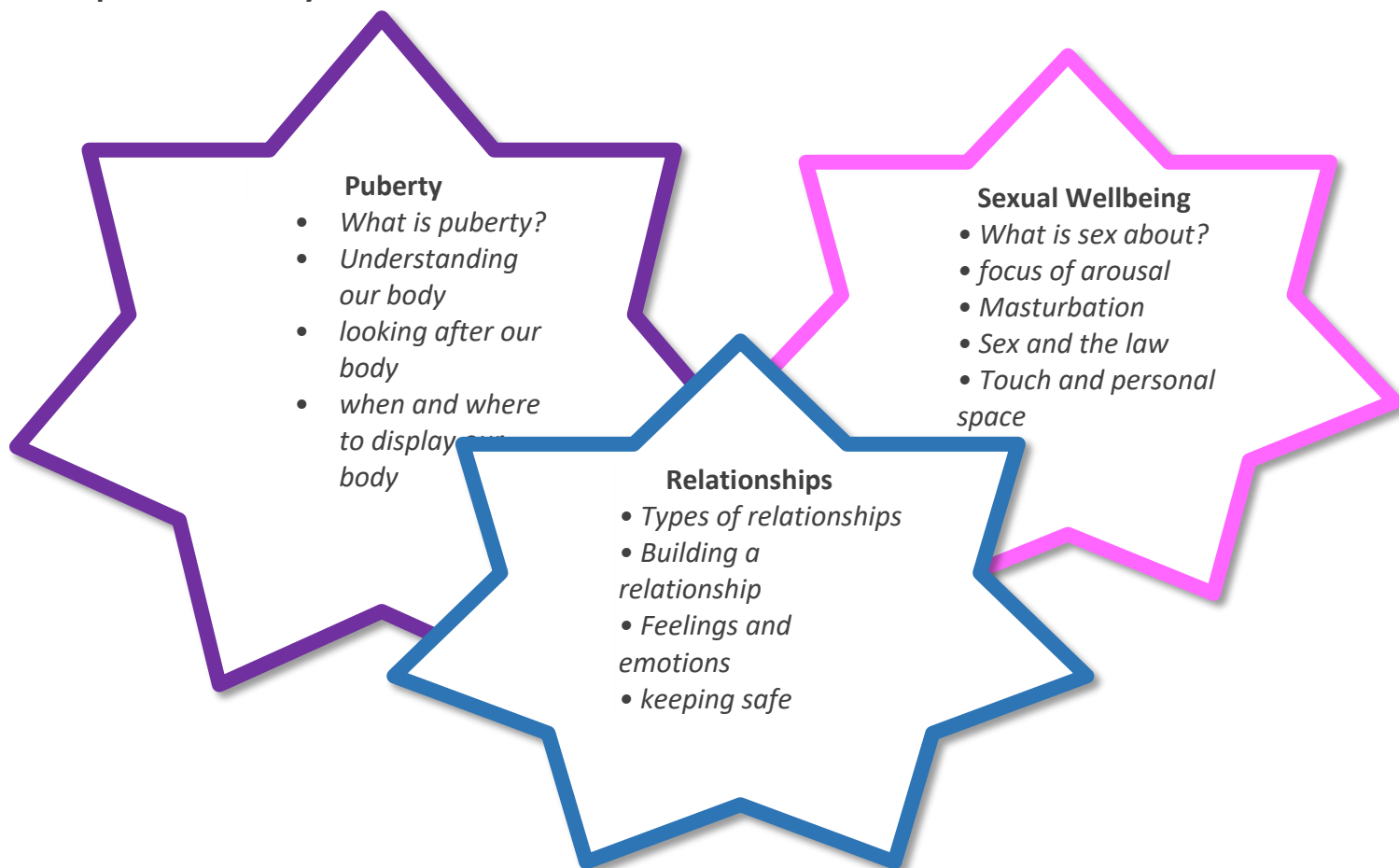


Puberty, Sexual Wellbeing & Relationship Training

These courses are for parents to develop their understanding and confidence relating to puberty, sexual wellbeing and relationships and how they may impact on children on the autistic spectrum. To offer parents the opportunity to participate in activities that they could use to explore puberty, sexual wellbeing and relationships with their children at home. This course is for parents who accessed the cygnet, NAS Early Bird or Early Bird Plus programmes.

Topics covered by the sessions are as follows:



The training will take place at Action for ASD's Autism Resource Centre in Burnley.
Suite 7 & 8 Kings Mill, Queen Street, Burnley BB10 2HX

Course 1:-

Fri 1st Feb 5-7.30pm Puberty
Fri 8th Feb 5-7.30pm Sexual wellbeing
Fri 22nd Feb 5-7.30pm Relationships

Course 2:-

Wed 3rd July 10.30-1pm Puberty
Wed 10th July 10.30-1pm Sexual wellbeing
Wed 17th July 10.30-1pm Relationships

Course 3:-

Friday 6th Sept (6-8) Puberty
Friday 13th Sept (6-8) Sexual Wellbeing
Friday 27th Sept (6-8) Relationships

Course 4:-

Fri 8th Nov 10.30-1pm Puberty
Fri 22nd Nov 10.30-1pm Sexual Wellbeing
Fri 6th Dec 10.30-1pm Relationships