

Transition Group



**A social group for young autistic adults aged
16 - 25 years**

**Thursdays
6pm till 8pm**

**At Action for ASD's
Autism Resource Centre, Burnley**

This is a group for young people age 16-25 years who have a diagnosis of ASC. This group is a social communication group for young people going through the transition into adulthood and provides an opportunity to make friends, develop relationships, and increase self-esteem and confidence. The group bridges the gap between children's or adults services for young adults.

Refreshments & activities

Board games, pool table, consoles, films, animation & music

Develop social & life skills

Cover topics including but not limited to:

College, friendships, conversations, personal safety, social media safety and many more!

**For more details about the Transition Group please
contact the children's service:-Tel 01282 415455 or
email children@actionasd.org.uk**

All sessions take place at the Autism Resource Centre, details below.