



# Pendle Community High School & College

Rated **Outstanding** in all areas Ofsted 2017

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Headteacher: Dr C Lingard (Mrs)  
Deputy Headteacher: Miss J Bayliss  
Deputy Headteacher: Miss D Grogan

9<sup>th</sup> March 2020

## Coronavirus concerns

Dear Parent/Carer,

You're likely aware of the outbreak of novel coronavirus and the subsequent confirmed cases in the UK. At PCHSC we take the health and safety of our pupils and staff very seriously, so we're sharing guidance from Public Health England on steps you should be taking.

There's currently no cause for concern at the school or college, but we'll keep you informed about any developments. We're also ensuring that we're keeping the school clean to prevent the spread of any virus, with two deep cleans taking place each week.

### **Prevent the spread of infection**

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often (especially after using the toilet and before eating) – with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available. This is the NHS video link to handwashing you may find useful.  
<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and don't attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin and wash your hands.
- Clean and disinfect frequently touched objects and surfaces in the home
- If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment

### **If you or your children are well:**

You don't need to avoid contact with other people

Your other family members don't need to take any precautions or make any changes to their own activities



**If you become unwell:**

Stay indoors and avoid contact with other people as you would with other flu viruses

Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

If you or your child have any further concerns or questions, please do not hesitate to contact Nurse Deborah McKenna or any other member of your child's form staff.

Yours sincerely



Chris Lingard

