



Pendle Community High School & College

Rated **Outstanding** in all areas **Ofsted** 2017

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28th April 2021

Forest School at Boothman Park

Dear Parents/Carers

Your son/daughter has been invited to take part in forest school sessions at Boothman Park. The sessions will run during school time on Tuesday 4th May and Tuesday 8th June. This is a fantastic opportunity for your child and previous sessions have proved a huge success.

Your son/daughter should come to school in suitable clothing for spending the morning outdoors and you do not mind getting dirty. Forest school takes place in all weathers and in order to get the most out of the session it is essential children are dressed appropriately. Attached is a guide to dressing for the outdoors. Please make sure your son/daughter brings their uniform to change into when they return to school.

Please return the slip below to give your permission for your son/daughter to take part in these sessions.

Yours sincerely

R. Matthews

Rhiannon Matthews
Forest School Leader

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Forest School at Boothman Park

Student name: _____

- I give consent for my child to go the Forest School at Boothman Park.
- I confirm the medical information school holds remains current as of Sept 2020

Signed: _____ Date: _____

What to wear to Forest School in the Summer

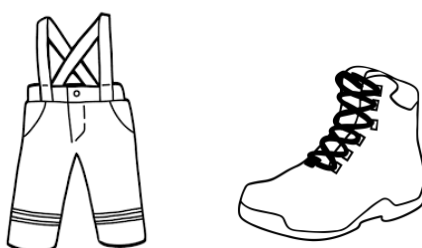
It is often cooler in the shade of the woods so layers are still essential.



Please wear long sleeves and trousers to protect from scrapes.



We will still go if it rains so waterproofs are ideal. Appropriate shoes are essential, walking boots or wellies with thick socks.



What to wear to Forest School in the Winter

The sessions will run in all weathers except high winds. Layers are key to dressing for the outdoors, they can be removed if somebody gets too hot but it is harder for the body to stay warm once they are already cold.

Step 1

A base layer - leggings, joggers or even pyjamas will do!

Step 2

Trousers, a long sleeve Tshirt.

Step 3

Waterproof trousers if possible, a thick jumper or fleece.

Step 4

Waterproof and warm coat, thick socks or 2 pairs of socks, hat, gloves, scarf. Boots or wellies are ideal as the ground might be muddy.

