



Action for ASD Children’s Service - Support Pathway

After your enquiry/referral for support has been received by the children’s service

Membership & registration process v

The membership pack will be sent out via email & post, you will be asked to complete the forms & return them to Action for ASD, King Edward House, 9 Finsley Gate, Burnley BB11 2HA or by emailing it to children@actionasd.org.uk Please allow 2 weeks for the form to be processed. Unfortunately we are not a crisis service so we are unable to respond urgently to requests.

What can I access once I’m a member? The processing of membership and referrals can take up to 8 weeks.

Please note unfortunately we are unable to offer urgent/crisis support or intensive 1-1 family support.

Facebook Community

When you become a parent/carer member of the children’s service having completed our registration forms you will receive a text or email conformation which will include a link to our Facebook community www.facebook.com/groups/actionforasd.

The purpose of this group is to offer a safe place to discuss any issues and find out a little more about autism and also make connections with other members.

Autism Support Groups

Our Autism support group runs on a Tuesday afternoon on the 4th week of the month at King Edward House in Burnley 1-2.30pm. We also have groups in Blackburn and in Darwen.

We also run regular drop in zoom meetings for parents and carers on Monday’s at 1.30pm and the first Wednesday of the month at 8pm via Zoom.

For more information about Facebook or our support groups please email children@actionasd.org.uk or call **070809 903852**

Pre Diagnosis Training

We offer workshops which can be accessed before your child receives a diagnosis of Autism.

- Understanding Autism
- Understanding Behaviour

More topics to follow including understanding sensory needs, anxiety and communication.



Post Diagnosis Training

Cygnnet Training via Zoom or Face to Face

- Cygnnet Programme (6 weeks)
- Supporting Siblings (2 weeks)
- Puberty, Sexual Wellbeing and Relationships (3 weeks)
- Sleep (1 week)

NAS Teen Life Programme This is a 6 week course for parents and carers all about teenage life for autistic teens. understanding autism in teenagers • women and girls • self-esteem • stress and anxiety • puberty • planning for the future. Please note we have a waiting list for our courses. For more information regarding our training please email Cygnnet@actionasd.org.uk or call **070809 903852**

Children’s Social Groups

Lancashire Break-time

We offer social groups/respite for primary and secondary age autistic children and young people. Our groups run in the evenings and weekends during term time and during the day in the school holidays.

Sibling Workshops

Our sibling workshops aim to help brothers and sisters to devel-

op an understanding of autism whilst also making friends and taking part in activities.

Transition Group 16-25 years

This is a group is for young autistic adults who are wanting to make friends and share interests.

For more information or to book on one of our social sessions please call **070809 903852** or email bookings@actionasd.org.uk

Children’s 1-1 Support (via referral)

Action for ASD offer up to 6 sessions of 1-1 support or counselling for children and young people who are wanting to know more about their diagnosis or who are struggling with anxiety, anger or other related issues.

Please note that we have a waiting list for counselling and will require a referral form to be completed. For more information email Counselling@actionasd.org.uk or call **07809903852**

How to access Action for ASD's Children's Service?

How do I access the Children's Service at Action for ASD?

Families of autistic children or children who are seeking a diagnosis can self refer by completing our children's service membership and registration form which is available by contacting us on the email below or by calling the office.

We also accept family support referrals from all professionals working with parents and carers living in East Lancashire or Blackburn with Darwen. If you would like more information, you can contact the Action for ASD (see contact details at the bottom of this page) who will arrange to send out the relevant forms and explain more about the services available to you.

Alternatively you can find and download information and relevant membership application forms, pre-diagnosis self referral forms etc., on our website at <http://www.actionasd.org.uk/services/children-s-services>

Once you have completed the membership & registration form and returned it to Action for ASD (see address below) your membership will be processed and you will be contacted shortly after and offered an introduction workshop or an initial meeting via phone or zoom.

Please be aware that because of the increased volume of families requesting support at this time, your application may take approx., 8 weeks to be processed. If you would like to attend our support groups and are unfamiliar with the social media platform, a member of the team may be able to offer some support to gain access to the groups.

Because we are a charity, the support we provide will be subject to the funding we have available at that point in time and is limited to children and families within the East Lancashire and Blackburn with Darwen areas, that have autistic children or whose children are seeking a diagnosis of Autism/ASC

If you have any further queries please do not hesitate to contact the Children's Service at Action for ASD:

General Enquiries and Professional Referrals : children@actionasd.org.uk

Tel: 07809 903 845

Cygnnet enquiries: cygnnet@actionasd.org.uk

Counselling enquiries: counselling@actionasd.org.uk

Parent/Carer Members Group: <https://www.facebook.com/groups/actionforasd>

Action for ASD's Facebook page can also be found at: <https://www.facebook.com/ActionforASD/>

The Children's Service Team

Amy Whittle	Children's Service Manager	07809903852	amy@actionasd.org.uk
Robin Denton	Assistant Manager	07543219695	robin@actionasd.org.uk
Karen Hutz	Family Support Worker	07834561316	karen.hutz@actionasd.org.uk

Children's Services at Action for ASD,

Autism Support Centre

King Edward House, 9 Finsley Gate,

Burnley, Lancashire. BB11 2HA