



Cooking and Nutrition

19th September 2023

Dear Parent/ Carer

It has been the custom in Cooking and Nutrition to collect small amounts of money towards the cost of flour, sugar, oil, margarine and an array of ingredients to allow us to run the Cooking and Nutrition lessons. As part of lessons, students will use the ingredients to learn how to cook savoury and sweet dishes and have the opportunity to taste test and suggest how they can improve what they have cooked as part of their development in the subject area.

The topics we will cover over the year include:

- Healthy snacks
- Healthy Breakfasts
- Pasta Dishes
- Foods from around the world
- Healthy party food
- Jams and Preserves
- Creating Buffets
- Producing Pies and Pasties

Due to the increase in the cost of these ingredients, we would like to request a **voluntary contribution of £5 per term**. We appreciate the current pressures on families with rising costs of food and fuel, and we are working hard to keep our costs down. If you would like to pay this over a set amount of weeks, please telephone Mrs Cheryl Wilde, School Business Manager on 01282 682262 who will set up a payment plan with you.

Thank you for your support and co-operation.

Yours sincerely

Miss D Grogan

Headteacher

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Name of Pupil: Class:

I will make the contribution of £5 using online system, Parent Pay: No /Yes

Signed: Date: