



# PENDLE COMMUNITY HIGH SCHOOL & COLLEGE

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12<sup>th</sup> June 2025

## Resilient Minds Parent Workshop

Dear parents/carers,

We would like to invite you to a Resilient Minds Parent Workshop run by Lancashire Mind on Monday 30<sup>th</sup> June at 10-11am. The workshop is an opportunity to learn more about ways to support good mental health and all parents who attend will receive a wellbeing support pack to take home.

Please complete the slip below to let us know if you are able to join us.

Yours sincerely,

J Nelson

Jenny Nelson

Deputy Head Teacher

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Pupil name: \_\_\_\_\_

I will be attending the Parent Workshop on Mon 30<sup>th</sup> June at 10am

Signed: \_\_\_\_\_